

Elizabeth Kregel, Ph.D.

Family Engagement Liaison

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Elizabeth has a B.A. in AYA Integrated Language Arts and Professional Writing from Capital University, a M.Ed. in Curriculum and Instruction and Educational Administration from Concordia University Texas, and a Ph.D. in Curriculum and Instruction from the University of Toledo. Since 2005, she has been working in the field of education as both a former high school English teacher and a high school administrator. Elizabeth is also a foster and adoptive parent who has extensive training in working with children who have experienced trauma.

Recent PD sessions by Elizabeth include:

- Amygdala Hijacks
- The Power of Communication
- Trauma-Informed Care: Is There Hope for Healing?
- Numerous books studies on how trauma affects the brain.

Areas of Specialty

Trauma-Informed Practices

Family Engagement

Restorative Practices



Elizabeth Kregel is available to create customized learning sessions for your district or building. Including for:

- Staff/Team/Department Meetings
- PD days
- Secretaries & assistants
- Support Staff
- Principals/Assistant Principals

To see Elizabeth's upcoming scheduled learning sessions, click [HERE](#) or scan the QR code below:



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